



Sun Safety Policy

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Golden Owls Day Nursery



Sun Safety Policy

Aim

At Golden Owls Day Nursery we aim to protect children whilst they are in our care. We believe it is essential to help children understand the importance of keeping themselves safe in the sun and have developed this policy to ensure that we can all enjoy the sun safely over the summer months.

Nivea sun cream now contains almond oil making it unsafe to use in the nursery. We ask that you do not send this brand of sun cream into the nursery as we have children with nut allergies and need to ensure they are safe. Can we also ask that you check the ingredients on all your sun cream before bringing them into the nursery setting.

Procedure

As part of our sun safety policy our nursery will:

- Ask parents/carers to sign a consent form to allow us to apply either the nursery's own sun protection, the child's own sun protection or decline sun cream application during the child's settling in visits.
- Use 'Boots Soltan Kids Once 8hr Spray SPF50' sun protection (or similar if this is not available) provided by the nursery for my child whilst at nursery or parents may provide their own supply of sun protection.
- Due to the strength and length of protection the nursery sun cream provides, staff will only apply the nursery sun cream once during the day unless they play in excessive water which may affect the strength of protection. If using a child's own sun cream, staff will follow the instruction timings of application stated on the bottle.
- Ask parents to apply their own sun protection before and after their child attends nursery, and inform nursery staff of this application when required during seasonal months.
- Encourage all children to wear clothes that provide good sun protection e.g. sun hats, t-shirts and thin trousers.
- Ensure sun protection is applied in the correct way to exposed face, neck, shoulders, arms and legs and in the correct amount avoiding eyes where possible. Staff will wear disposable gloves whilst applying sun protection (disposed after each use on each child).
- Hold outdoor activities in areas of shade wherever possible during the hottest peak of the day and try to plan focused outdoor activities at times when sunrays are less harmful (avoiding mid-day sun).
- Encourage parents and staff to be positive role models, practising sun safety

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- Monitor our sun safety policy, reviewing the sun safety practice of everyone at the nursery and reviewing the availability of shade.
- Ensure all parents and staff are aware of the nurseries sun safety policy and are adhering to it daily.

